
Korean Terms #4

General Terms

Green Belt Form (3) **Taegeuk Sam Jahng**
Self-Defense **Ho Shin Sool**
Warm-Up Exercise **Joonbi Woondong**
Sparring **Gyoroogi**

Break **Kahl Yo**
Continue **Kay Sok**

(these terms are used to separate, or engage competitors in sparring matches)

Commands

Turn Around **Dweero Dora**
Switch Feet **Bal Kyo Dae**

Techniques

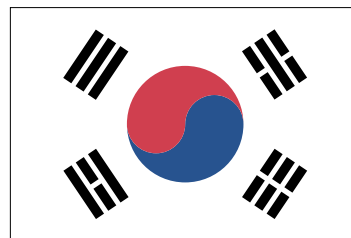
Back Stance **Dwee-Goobi**
Face Punch **Olgool Jilugi**
Middle Punch **Momtong Jilugi**

Courtesy Phrases

Annyong Hee Ka Ship Sheeyo
(Spoken to someone who is leaving;
most likely teacher to student, since the student is leaving the school)

Goodbye

Annyong Hee Kay Ship Sheeyo
(Spoken to someone who is staying;
most likely student to teacher, since the teacher is staying at the school)



Terminology examples are available on our student website: www.tkdworldclass.info
