

Master Kim's Tae Kwon Do Centers Applicat Ora

tion for promotion to	Belt Size
ange Belt	

www.lkdward						
Due Date To	est Time_			Testin	g Date	Testing Fee \$65
Name				Age	e:	Late Fee \$5
					f the promotion test. ve a schedule conflic	
APPLICANTS PLEAS	E ANSW	ER (SI	EE BAC	K FOR	ADDITIONAL QU	JESTIONS)
What do you enjoy most about Ta	ae Kwon I	Do?				
What do you find most challenging	ng about T	ae Kwo	on Do?			
What is your goal in Tae Kwon I) o?					
For Parents Only What areas of progress or challen	ige has yo	ur child	l experie	enced du	ring this testing perio	od?
Th	is section	is for (examino	ers' use (only	
CURRICULUM	A	В	C	D	Comments	
Basic Drills						
Block Combination						
4 Kick Combination (2Times)						
Partner Drill (Any two kick)						
Board Breaking (Hammer)						
Ki-hap						
Korean Terminology						

Examiner's Signature _____

Master Kim's Tae Kwon Do Centers **Black Belt Philosophy Exam: FOCUS**

Master Kim's Tae Kwon Do Centers, Teaching Success Skills ForLife!

Age 5-7 Parent assistance and discussion is encouraged.

1. Suzy Sidekick wants to become a black belt someday. When she is in Tae Kwon Do class she looks in the mirror, plays with her belt and thinks about playing outside.

Focused / Not Focused

2. Frankie Front kick wants to pass his yellow belt test. When he trains in Tae Kwon Do class he looks at the instructor, stands still in the attention position and concentrates on what he's learning.

Focused / Not Focused

3. At school, Robby Round house kick slouches at his desk, talks with the boy next to him and draws pictures on his math homework.

Focused / Not Focused

Parent assistance and discussion is encouraged. Age 8-12

- 1. What are the three types of focus?
- 2. How do you practice them?
- 3. Why are they important?

Teens and Adults

- 1. Which of the three areas of focus has Tae Kwon Do helped you to improve the most?

2. Please explain how it has improved your Tae Kwon Do training. 3. Please explain how it has improved your daily life. 1. 2. 3.