

# Master Kim's Tae Kwon Do Centers Application for promotion to

# YELLOW BELT

Belt Size								
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Due Date To	est Time_			Testin	ng Date	_ Testing Fee \$65
Name			Age:			Late Fee \$5
					of the promotion to we a schedule con	
APPLICANTS PLEAS	SE ANSV	VER (S	SEE BA	CK FOI	R ADDITIONAL	QUESTIONS)
What do you enjoy most about Ta	ie Kwon l	Do?				
What do you find most challengin	ıg about T	Tae Kwo	on Do?			
What is your goal in Tae Kwon D	00?					
For Parents Only What areas of progress or challenger	ge has yo	ur child	experie	enced dur	ing this testing per	iod?
T	his secti	on is fo	r exam	iners' us	e only	
CURRICULUM	A	В	C	D	Comments	
Basic Drills						
Kibon Poomse						
4 Kick Combination						
Any Two Kick Combination						
Board Breaking (Axe Kick)						
Ki-hap						
Korean Terminology		1				

Examiner's Signature

# Master Kim's Tae Kwon Do Centers Black Belt Philosophy Exam: FOCUS

# Master Kim's Tae Kwon Do Centers, Teaching Success Skills For Life!

## Age 5-7 Parent assistance and discussion is encouraged.

1. Suzy Sidekick wants to become a black belt someday. When she is in Tae Kwon Do class she looks in the mirror, plays with her belt and thinks about playing outside.

#### **Focused / Not Focused**

2. Frankie Frontkick wants to pass his yellow belt test. When he trains in Tae Kwon Do class he looks at the instructor, stands still in the attention position and concentrates on what he's learning.

#### Focused / Not Focused

3. At school, Robby Roundhousekick slouches at his desk, talks with the boy next to him and draws pictures on his math homework.

#### Focused / Not Focused

# Age 8-12 Parent assistance and discussion is encouraged.

- 1. What are the three types of focus?
- 2. How do you practice them?
- 3. Why are they important?

### **Teens and Adults**

1. Which of the three areas of focus has Tae Kwon Do helped you to improve the most?

2. Please explain how it has improved your Tae Kwon Do training.

3. Please explain how it has improved your daily life.

2.

2.