

Name

Test Date_____

Age:

Testing Fee \$65

Late Fee \$5

Students are asked to stay for the duration of the promotion test. Please see instructors ahead of time if you have a schedule conflict.

APPLICANTS PLEASE ANSWER (SEE BACK FOR ADDITIONAL QUESTIONS)

What do you enjoy most about Tae Kwon Do?

What do you find most challenging about Tae Kwon Do?

What is your goal in Tae Kwon Do?

For Parents Only

What areas of progress or challenge has your child experienced during this testing period?

------ This section is for examiners' use only -------

CURRICULUM	Α	B	С	D
Taegeuk 1				
4 Kick Combination (2Times)				
Sparring (2 Round)				
Board Breaking (Jump Axe Kick)				
Ki-hap				
Terminology				

Comments	

Examiner's Signature

Master Kim's Tae Kwon Do Centers Black Belt Philosophy Exam: CONSISTENCY

Master Kim's Tae Kwon Do Centers, Teaching Success Skills For Life!

Age 5-7 Parent assistance and discussion is encouraged.

1. Suzy Sidekick has set a goal to train two times per week. Even though she sometimes wants to play outside or watch TV, she always gets ready cheerfully when her father says it's time to go to Tae Kwon Do.

Consistent / Not Consistent

2. Frankie Frontkick trained very hard last month and achieved his yellow belt. This month, however, it was sunny outside and he wanted to play with his friends instead of going to Tae Kwon Do class.

Consistent / Not Consistent

2. Robbie Roundhouse knows it's important to brush his teeth everyday. He always brushes them before he goes to school and before he goes to bed.

Consistent / Not Consistent

Age 8-12 Parent assistance and discussion is encouraged.

- 1. How many times per week should you train to be consistent in Tae Kwon Do?
- 2. Why is it important to not only come to Tae Kwon Do consistently but to give your best effort consistently?
- 3. What are some positive behaviors you do consistently outside of Tae Kwon Do?

Teens and Adults

- 1. Have you made a commitment to train in Tae Kwon Do consistently (average 2 times per week)?
- 2. If yes, how is it benefiting you? If no, what challenge do you need to overcome to start training consistently?
- 3. How do you feel the habit of consistency will help you in your daily life?

1.

2.

3.