

Master Kim's Tae Kwon Do Centers Application for promotion to

BLUE BELT

Belt Size	

Due Date	Test Ti	me		Testin	g Date	Testing Fee \$70 Late Fee \$5
Name					Age:	
					the promotion to e a schedule con	
APPLICANTS PLEA	SE AN	SWER ((SEE BA	CK FOR	ADDITIONAL	QUESTIONS)
What do you enjoy most about	Tae Kw	on Do?				
What do you find most challeng	ning aho	ut Tae K	won Do?			
what do you find most chancing	ging abo	ut Tac K	won Do:			
What is your goal in Tae Kwon	Do?					
For Parents Only						
What areas of progress or chall	enge has	s your ch	ild experi	enced duri	ng this testing pe	riod?
	This	4: •	6	······································		
	· 1 mis so	ection is	ior exan	ilners' use	e only	
CURRICULUM	A	В	C	D	Comment	ts
Taegeuk 4						
4 Kick Combination						
Sparring						
Board Breaking (Flying Side Kick)						
Ki-hap						
Terminology						
Examiner's Signature						

Master Kim's Tae Kwon Do Centers Black Belt Philosophy Exam: SELF CONTROL

Master K.Kim's Tae Kwon Do Centers, Teaching Success Skills For Life!

Age 5-7 Parent assistance and discussion is encouraged.

1. Suzy Sidekick was sparring and accidentally got hit by her partner. Even though she was upset and wanted to hit back, Suzy stayed calm and accepted her partner's apology.

Self Control / No Self Control

2. Frankie Frontkick went to the tournament and lost his first match. After his match, he didn't bow to his partner and he threw his headgear into the stands.

Self Control / No Self Control

3. Robbie Roundhousekick went outside to play. He wanted to play baseball but everyone else wanted to play soccer. He cried and screamed until everyone else agreed to play baseball too.

Self Control / No Self Control

Age 8-12 Parent assistance and discussion is encouraged.

- 1. Why is self control important when practicing Tae Kwon Do with a partner?
- 2. How can self control help us with frustration?
- 3. In Tae Kwon Do we learn to control our kicks and punches. It is also important to control our words and activities. Why?

detivities. Why.
Teen and Adults
 In what areas of your life have you gained more self control as a result of practicing Tae Kwon Do? In what areas of your life would you like to see your self control improve more? Why is self control important when practicing Tae Kwon Do?
1.
2.
2.
3.