

Master Kim's Tae Kwon Do Centers Application for promotion to

BLACK STRIPE

Belt Size

Name	Due Date Te	est Time_		Testing Date		Testing Fee \$70		
Students are asked to stay for the duration of the promotion test. Please see instructors ahead of time if you have a schedule conflict. APPLICANTS PLEASE ANSWER (SEE BACK FOR ADDITIONAL QUESTIONS) What do you enjoy most about Tae Kwon Do? What do you find most challenging about Tae Kwon Do? What is your goal in Tae Kwon Do? For Parents Only What areas of progress or challenge has your child experienced during this testing period? This section is for examiners' use only Taegeuk 7 4 Kick Combination CURRICULUM A B C COmments	Name					Age:		
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Sparring	4 Kick Combination							
	Sparring							
Board Breaking (Spinning Kick)	Board Breaking (Spinning Kick)							
Ki-hap	Ki-hap					<u> </u>		
Written Exam	Written Exam							
	Examiner's Signature							

Master Kim's Tae Kwon Do Centers Black Belt Philosophy Exam: CONFIDENCE

Master Kim's Tae Kwon Do Centers, Teaching Success Skills For Life!

Age 5-7 Parent assistance and discussion is encouraged.

1. Suzy Sidekick was asked to be on the Tae Kwon Do Demonstration Team. She knew she would have to perform in front of hundreds of people and she was very scared. But she also knew that she had worked hard and that she was ready, so she accepted the invitation to join the team.

Confident / Not Confident

2. Frankie Frontkick went to a tournament. When he got there, he say all the other kids he would have to compete against and got scared. He decided to stay in the stands without trying.

Confident / Not Confident

3. Robbie Roundhouse was asked to be in the school play. He was very nervous and worried that he would forget his lines. But he practiced with his mom and dad and on the big day his performance was great!

Confident / Not Confident

Age 8-12 Parent assistance and discussion is encouraged.

1. List 3 accomplishments you are proud of in Tae Kwon Do?

2. How do you gain confidence from Tae Kwon Do training?3. List 3 accomplishments you are proud of outside of Tae Kwon Do?
Teen and Adults
 How do you gain confidence from Tae Kwon Do training? What specific challenge did you face and overcome that gave you confidence? What life challenges have you been able to face with greater confidence as a result of your training?
1.
2.
3.